Require `span` & `basic_string_view` to be Trivially Copyable

Introduction
Given its definition, it is strongly implied that `span` & `basic_string_view` are trivially copyable, but that is not yet a requirement.

Motivation and Scope
Both `span` and `basic_string_view` have:
- Defaulted copy constructors
- Defaulted copy assignment operators
- Defaulted destructors
- Exposition-only types consisting of a raw pointer and a `size_t`
- Many member functions that are `constexpr`, and in C++17 would have required trivial destruction (for `basic_string_view` as `span` was added in C++20).

Because of the above, it is strongly implied that these are trivially copyable types. However, that is not a stated requirement.
Furthermore, both libstdc++ and libc++ implement them as trivially copyable types: https://godbolt.org/z/nWY3dv.

I ran this by LWG and there was support for it with no objections.

**Impact on the Standard**
This is purely additive to the standard.

**Technical Specifications**
These changes are relative to C++20:

In [span.overview], add:

\[\text{span<ElementType, Extent> is a trivially copyable type.}\]

ElementType is required to be a complete object type that is not an abstract class type.

In [string.view.template.general], add:

The complexity of basic_string_view member functions is $O(1)$ unless otherwise specified.

\[\text{basic_string_view<\text{charT, traits> is a trivially copyable type.}}\]

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References

Stack Overflow: Is std::string_view trivially copyable?